



THEME OF THE MONTH

Self-Discipline

Controlling Our Attitudes & Actions

1. Training of oneself, usually for improvement
2. Training to act in accordance with established rules
3. Order maintained by training and control
4. Activity, exercise, or a regimen that develops or improves a skill

“An undisciplined, self-willed life is puny; an obedient, God-willed life is spacious..”
Proverbs 16:32

“A person without self-control is like a house with its doors and windows knocked out.”
Proverbs 25:28

“Daydreamers fantasize their self-importance; they think they are smarter than a whole college faculty.”
Proverbs 26:16

“...When Israel tried to be right with God on her own, pursuing her own self-interest, she didn't succeed..”
Romans 11:2

Why is Self-Discipline Important?

1. It helps us control our thoughts (thinking first, acting second)
2. It encourages a lifestyle of self-control
3. Self-control and self-discipline helps develop our character
4. It promotes self-respect and striving for excellence